

## Counseling Services

### Addiction/Prevention Services

|                                  |          |
|----------------------------------|----------|
| St. Ignace                       |          |
| LMAS District Health Dept.       | 643-1103 |
| American Indian Substance Abuse  | 643-8103 |
| Newberry                         |          |
| LMAS District Health Dept.       | 293-1307 |
| Upper Michigan Behavioral Health | 632-0008 |
| Sault Ste. Marie                 |          |
| Upper Michigan Behavioral Health | 632-0008 |
| American Indian Substance Abuse  | 635-6075 |

### Behavioral/Mental Health

|  |                |
|--|----------------|
| St. Ignace                             |                |
| Hiawatha Behavioral Health             | 643-8616       |
| Anishnabek Community & Family Services | 643-8103       |
| Newberry                               |                |
| Pathways Community Mental Health       | 293-3284       |
| Sault Ste. Marie                       |                |
| Hiawatha Behavioral Health             | 632-2805       |
| Hiawatha Behavioral Health             | 1-800-839-9443 |
| Catholic Social Services               | 635-1508       |
| Upper Michigan Behavioral Health       | 632-0008       |
| Anishnabek Behavioral Health           | 632-5250       |

### Child & Family Services

|                  |          |
|------------------|----------|
| St. Ignace       | 643-6105 |
| Newberry         | 293-0123 |
| Sault Ste. Marie | 635-4113 |

### Mackinac County

|                            |                          |
|----------------------------|--------------------------|
| LMAS District Health Dept. | 643-1103                 |
| LMAS District Health Dept. | 1-800-214-9901, ext. 103 |
| D.A.R.E. Officer           | 643-7582                 |

### Luce County

|                                  |          |
|----------------------------------|----------|
| LMAS District Health Dept.       | 293-1307 |
| Upper Michigan Behavioral Health | 632-0008 |

### Chippewa County

|                                  |          |
|----------------------------------|----------|
| Upper Michigan Behavioral Health | 632-0008 |
|----------------------------------|----------|

### Sault Ste. Marie Tribe of Chippewa Indians

|                  |          |
|------------------|----------|
| St. Ignace       | 643-8103 |
| Sault Ste. Marie | 635-6073 |

## Birth Control/Pregnancy/ STDs/AIDS

### Mackinac County LMAS

|  |                       |
|--|-----------------------|
| District Health Department             | 643-1100, ext. 140    |
| Luce County LMAS District Health Dept. | 293-1324              |
| Chippewa County Health Department      | 635-1566              |
| Crisis Pregnancy                       | 1-800-395-HELP (4357) |

## Strong Families/Safe Children

|                                  |                |
|----------------------------------|----------------|
| St. Ignace, Cedarville, Engadine | 1-800-841-1970 |
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## Sponsored By

Luce-Mackinac  
Alger-Schoolcraft  
District Health Department  
LMAS

Students Against Destructive Decisions  
SADD

Michigan Coalition  
to Reduce Underage Drinking  
MCRUD



Free or Low Cost

Confidential

Services

Mackinac County

## Sexual Assault/ Rape/Family Violence

|   |                       |
|---|-----------------------|
| Mackinac County Protective Services     | 643-9550              |
|   | 643-9694              |
| Luce County Protective Services         | 293-5144              |
| Chippewa County Protective Services     | Days - 632-4545       |
|   | Evenings - 632-3377   |
| Diane Pepler Resource Center (24 hours) | 1-800-882-1515        |
|   | St. Ignace - 643-0498 |
| State Police                            |                       |
| Mackinac County                         | 643-8383              |
| Luce County                             | 293-5151              |
| Chippewa County                         | 632-2216              |
| Sheriff Department                      |                       |
| Mackinac County                         | 643-1911              |
| Luce County                             | 293-8431              |
| Chippewa County                         | 635-9111              |
| City Police                             |                       |
| St. Ignace                              | 643-8877              |
| Newberry                                | 293-5236              |
| Sault Ste. Marie                        | 632-3344              |
| Mackinac Island                         | 847-3300              |
| Sault Tribe Law Enforcement             |                       |
| Mackinac County                         | 643-7100              |
| Chippewa County                         | 635-6063              |

## Crisis Assistance

|                                       |                |
|---------------------------------------|----------------|
| Emergency 24-hour Crisis Line         | 1-800-839-9443 |
| Runaway Assistance Programs           |                |
| Rap Line                              | 1-800-292-4517 |
| Mackinac County                       | 643-6105       |
| Luce County                           | 293-0123       |
| Chippewa County                       | 635-4113       |
| Poison Control                        | 1-800-562-9781 |
| Legal Assistance of Northern Michigan | 632-3361       |

## Medical/Health Care

|                                       |                     |
|---------------------------------------|---------------------|
| St. Ignace                            |                     |
| Mackinac Straits Hospital             | 643-8585            |
| Walk-in Clinic                        | 643-0400            |
| Sault Tribe Lambert Health Center     | 643-8689            |
| Dr. Carl Hawkins                      | 643-7400            |
| Newberry                              |                     |
| Helen Newberry Joy Hospital           | 293-5181            |
| Walk-in Clinic                        | 293-9233            |
| Sault Ste. Marie                      |                     |
| War Memorial Hospital                 | 635-4660            |
| Sault Tribe Health Center (toll-free) | 1-877-256-0009      |
| Mackinac Island Medical Center        | Days - 847-3582     |
|                                       | Evenings - 847-3962 |